

Soccer Referee Physical Examination Form

Physical Examination good for 1 year from date of completion

1.) Name of Examinee: _____ D/O/B: _____

Address: _____

2.) Past Medical History:	YES	NO
A.) Diabetes	_____	_____
B.) Epilepsy	_____	_____
C.) Heart Disease	_____	_____
D.) Chest Pain	_____	_____
E.) Dyspnea	_____	_____
F.) Claudication	_____	_____
G.) Palpitations	_____	_____
H.) Hypertension	_____	_____
I.) Fainting Spells	_____	_____
J.) Cigarette Smoker	_____	_____
K.) Currenty on Medication	_____	_____
L.) Recent Illness	_____	_____
M.) Previous Hospitalization	_____	_____

If answer is yes to questions A through Q, list details at bottom of form. (For item J please list number of packs smoked per day)

3.) Family History

N.) Diabetes	_____	_____
O.) Hypertension	_____	_____
P.) Early Death	_____	_____
Q.) Hypercholesterolemic	_____	_____

4.) Physical Examination:

	<u>Uncorrected</u>		<u>Corrected</u>	
A.) Eyes:	R _____	L _____	R _____	L _____

Are glasses / contacts recommended for officiating? Y _____ N _____
If yes, unbreakable lenses are required

B.) Cardiovascular:

1.) Blood Pressure	S _____ D _____
2.) Heart Sounds	
Regular	Y _____ N _____
Murmurs	Y _____ N _____

C.) Abdomen

1.) Hepatomegaly	Y _____ N _____
2.) Splenomegaly	Y _____ N _____
3.) Masses	Y _____ N _____

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D:) Musculoskeletal

- 1.) Height _____ ft/in 2.) Weight _____ lbs
- 3.) Frame Heavy ___ Med. ___ Light ___
- 4.) Overweight for body frame/build Y ___ N ___

E.) Urinalysis

- Sugar Y ___ N ___
- Protein Y ___ N ___

Does examinee meet the strenuous physical requirements for a soccer official?

Yes _____ No _____ If answer is negative, give reasons on separate report.

Physician Office Name: _____

Address: _____

M.D. Signature: _____

Date: _____

To examining Physician: If, in addition to the above data, you have any further facts or impressions which you feel should be made known, please record them in a separate letter: you may do this with full assurance that such information will be treated as confidential. Please realize that officiating is exacting work, involving considerable physical and nervous strain.

Additional comments: